

# RESULTS



## 10,000 Metres Women - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE
World Record <b>WR</b>	29:17.45	Almaz AYANA	ETH	25	Rio de Janeiro (Estádio Olímpico)	12 Aug 2016
Championships Record <b>CR</b>	30:04.18	Berhane ADERE	ETH	30	Paris Saint-Denis (Stade de France)	23 Aug 2003
World Leading <b>WL</b>	30:16.32	Almaz AYANA	ETH	26	London	5 Aug 2017
Area Record <b>AR</b>		National Record <b>NR</b>		Personal Best <b>PB</b>		Season Best <b>SB</b>

5 August 2017 20:12 START TIME 20° C TEMPERATURE 46 % HUMIDITY

PLACE	NAME	COUNTRY	DATE OF BIRTH	ORDER	RESULT	
1	Almaz AYANA	ETH	21 Nov 91	17	30:16.32	<b>WL</b>
2	Tirunesh DIBABA	ETH	1 Jun 85	20	31:02.69	<b>SB</b>
3	Agnes Jebet TIROP	KEN	23 Oct 95	11	31:03.50	<b>PB</b>
4	Alice Aprot NAWOWUNA	KEN	2 Jan 94	27	31:11.86	<b>SB</b>
5	Susan KRUMINS	NED	8 Jul 86	28	31:20.24	<b>PB</b>
6	Emily INFELD	USA	21 Mar 90	23	31:20.45	<b>PB</b>
7	Irene Chepet CHEPTAI	KEN	4 Feb 92	3	31:21.11	<b>SB</b>
8	Molly HUDDLE	USA	31 Aug 84	15	31:24.78	
9	Emily SISSON	USA	12 Oct 91	19	31:26.36	
10	Ayuko SUZUKI	JPN	8 Oct 91	29	31:27.30	<b>SB</b>
11	Yasemin CAN	TUR	11 Dec 96	7	31:35.48	
12	Shitaye ESHETE	BRN	21 May 90	13	31:38.66	<b>SB</b>
13	Mercyline CHELANGAT	UGA	17 Dec 97	14	31:40.48	<b>PB</b>
14	Dera DIDA	ETH	26 Oct 96	1	31:51.75	
15	Desi MOKONIN	BRN	12 Jul 97	2	31:55.34	
16	Natasha WODAK	CAN	17 Dec 81	4	31:55.47	<b>SB</b>
17	Daria MASLOVA	KGZ	6 May 95	26	31:57.23	<b>SB</b>
18	Sitora KHAMIDOVA	UZB	12 May 89	12	31:57.42	<b>NR</b>
19	Mizuki MATSUDA	JPN	31 May 95	32	31:59.54	
20	Rachel CLIFF	CAN	1 Apr 88	31	32:00.03	<b>PB</b>
21	Beth POTTER	GBR	27 Dec 91	22	32:15.88	
22	Eloise WELLINGS	AUS	9 Nov 82	25	32:26.31	<b>SB</b>
23	Failuna Abdi MATANGA	TAN	28 Oct 92	10	32:29.97	
24	Miyuki UEHARA	JPN	22 Nov 95	5	32:31.58	
25	Salome NYIRARUKUNDO	RWA	20 Dec 97	21	32:45.95	<b>SB</b>
26	Madeline HILLS	AUS	15 May 87	9	32:48.57	
27	Charlotte TAYLOR	GBR	17 Jan 94	8	32:51.33	
28	Carla Salomé ROCHA	POR	25 Apr 90	33	32:52.71	
29	Margarita HERNÁNDEZ	MEX	3 Dec 85	30	33:06.53	
30	Camille BUSCOMB	NZL	11 Jul 90	18	33:07.53	
31	Carmen Patricia MARTÍNEZ	PAR	26 Dec 82	24	33:18.22	<b>NR</b>
	Sarah LAHTI	SWE	18 Feb 95	16	DNF	
	Jess MARTIN	GBR	1 Oct 92	6	DNF	

INTERMEDIATE TIMES	1000m	4384 Sitora KHAMIDOVA	3:30.03
	2000m	4384 Sitora KHAMIDOVA	6:48.76
	3000m	4384 Sitora KHAMIDOVA	9:59.21
	4000m	3839 Almaz AYANA	13:02.20
	5000m	3839 Almaz AYANA	15:51.38
	6000m	3839 Almaz AYANA	18:42.97
	7000m	3839 Almaz AYANA	21:35.19
	8000m	3839 Almaz AYANA	24:30.03
	9000m	3839 Almaz AYANA	27:26.83

**RESULTS**  
**10,000 Metres Women - Final**

ALL-TIME OUTDOOR TOP LIST				SEASON OUTDOOR TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2017
29:17.45	Almaz AYANA (ETH)	Rio de Janeiro (Estádio Olímpico)	12 Aug 16	30:16.32	Almaz AYANA (ETH)	London	5 Aug
29:31.78	Junxia WANG (CHN)	Beijing (NOCAS)	8 Sep 93	30:40.87	Gelete BURKA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
29:32.53	Vivian Jepkemoi CHERUIYOT (KEN)	(Estádio Olímpico)	12 Aug 16	30:41.68	Senbere TEFERI (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
29:42.56	Tirunesh DIBABA (ETH)	Rio de Janeiro (Estádio Olímpico)	12 Aug 16	30:44.57	Belaynesh OLJIRA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
29:53.51	Alice Aprot NAWOWUNA (KEN)	neiro (Estádio Olímpico)	12 Aug 16	30:56.48	Dera DIDA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
29:53.80	Meselech MELKAMU (ETH)	Utrecht	14 Jun 09	31:02.69	Tirunesh DIBABA (ETH)	London	5 Aug
29:59.20	Meseret DEFAR (ETH)	Birmingham, GBR	11 Jul 09	31:03.50	Aqnes Jebet TIROP (KEN)	London	5 Aug
30:01.09	Paula RADCLIFFE (GBR)	München	6 Aug 02	31:05.14	Rahma TUSA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
30:04.18	Berhane ADERE (ETH)	aris Saint-Denis (Stade de France)	23 Aug 03	31:07.56	Veronica Nyaruai WANJIRU (KEN)	o (Blankers-Koen Stadion)	10 Jun
30:07.15	Werknesh KIDANE (ETH)	Saint-Denis (Stade de France)	23 Aug 03	31:11.86	Alice Aprot NAWOWUNA (KEN)	London	5 Aug